



# University of Pune

## Department of Physical Education

Near Administration Building, Ganeshkhind, Pune - 411007



Ref. No. : PU/DPE/ Feb/24

Date : 18/02/2012

To,  
The Head/Director  
All Teaching & Non-Teaching Department/Sections,  
University of Pune, Pune – 411007

Sir / Madam,

The Department of Physical Education, University of Pune is conducting 'Yoga Workshop' for Teaching & Non-Teaching Staff from University Departments. The workshop will start on 27<sup>th</sup> February, 2012 (Monday) and continue till 10<sup>th</sup> March, 2012 (Saturday). The sessions will be conducted between 07.30 am to 09.00 am.

The objective of this program being 'Stress Relief', this will help the participants in their day-to-day life as well as improve their work efficiency.

The first 40 participants will be accommodated in the workshop.

All the interested staff should register their names in the Department of Physical Education, University of Pune on or before 23<sup>rd</sup> February, 2012 (Thursday).

For details and Registration Contact to :

- ↓ Mr. Vishnu Pethkar / Mr. Deepak Ghole
- ↓ Contact No. : 020-25601281 / 25690343
- ↓ E-mail id : dpe@unipune.ac.in / dpeadmin@unipune.ac.in

**Dr. B. R. Shejwal**  
Head of the department

